

WEST COAST QUEST

VOLUME 6 | ISSUE 1



UPCOMING EVENTS

- SEPT 03** Parent Orientation Recording in Supervised Course
- SEPT 03** Parent Q&A with Teachers, 7:00 PM
- SEPT 04** K-12 Assembly 8:40 AM
- SEPT 04** Grades 9-12 Live Classes Begin
- SEPT 09** Grades K-8 Live Classes Begin
- SEPT 30** No School: National Day for Truth & Reconciliation
- OCT 02** K-12 Reading Buddies 8:40 AM
- OCT 7-11** K-8 Conferences (No K-8 Classes)
- OCT 11** Gr 9-12 Progress Reports Published

ABUNDANT LIVING

Hello West Coasters!

As we begin this new school year, we're embracing the theme of "Abundant Living," based on Jesus' words from John 10:10: "**I have come that they may have life, and have it abundantly.**" This means we have a wonderful chance to experience the fullness of life Jesus offers in every moment.

Imagine this year as an adventure where you are an explorer! Each day is a new opportunity to learn not just in your classes, but about who you are and the world around you. Jesus invites us to grow in wisdom, kindness, and faith, alongside reaching our goals.

Stay tuned for our first Abundant Living challenge.

Here's to a year filled with learning & many blessings!



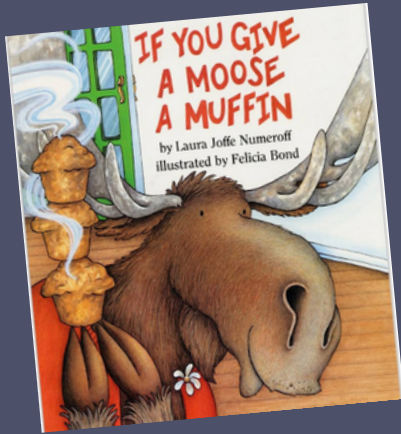
Mrs Sutherland

Principal, Academic Advisor

 esutherland@wcasdl.ca

September

BOOK OF THE MONTH



*IF YOU GIVE A MOOSE
A MUFFIN*

by
Laura Numeroff

**Click below for a teacher reading*

CHECK OUT THE STUDENT HUB



The Student Hub is your essential resource center, packed with everything you need for this school year! Discover the WCAS virtual school, access your live class schedules, participate in discussion boards, connect through homeroom links, and much more! Access the Student Hub on your Brightspace homepage where your courses are listed.

COACH'S CORNER

Students: ACTION CURES FEAR!

If you're a procrastinator, start with just one small step. Move forward. Hesitation and indecision allow fear to grow and take control. By taking action--any action--you'll find that things are much easier than your mind is making it out to be.



“

"A new school year means new beginnings, new adventures."

-Denise Witmer

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CAMP MEETING



Looking forward to seeing you all
at Camp Meeting 2025!

MEET THE WCAS

STAFF MEMBERS



ERIN SUTHERLAND

PRINCIPAL, ACADEMIC ADVISOR

HELLO, EVERYONE! I LIVE ON VANCOUVER ISLAND WITH MY FAMILY. SINCE JOINING WEST COAST IN 2012, I'VE TAUGHT EVERY GRADE EXCEPT GRADE 3—MAYBE ONE DAY! OUTSIDE OF SCHOOL, I ENJOY DONUTS, DONKEYS, F1 RACES, AND BEACH DAYS. I'M EXCITED FOR ANOTHER FANTASTIC YEAR!



SARA MORRISON

VICE-PRINCIPAL, HS HUMANITIES & BIOLOGY

HEY ALL! I LIVE IN ONTARIO AND HAVE BEEN AT WEST COAST SINCE 2016. I'M MARRIED WITH TWO KIDS, RIA (4) AND JACK (2), AND A MINI AUSTRALIAN SHEPHERD NAMED JOJO. I LOVE HAYSTACKS, SPAGHETTI, AND CHOCOLATE-CHIP COOKIES. I'M EXCITED FOR A FANTASTIC SCHOOL YEAR WITH YOU ALL!



ROZY MIHAILESCU

OFFICE & BUSINESS MANAGER

I LIVE IN ABBOTSFORD, BC, WITH MY HUSBAND AND I HAVE BEEN AT WEST COAST SINCE 2013. I LIKE GARDENING, READING, AND SPENDING TIME WITH MY GRANDKIDS IN MY FREE TIME. I WISH EVERYONE A GOOD YEAR AHEAD!



JENNICA WIXWAT

ELEM VP, GR 4-5 TEACHER, INCLUSIVE ED SPECIALIST

WHAT DO CHOCOLATE CHIP COOKIES, A GOLDENDOODLE NAMED BEAR, AND WEST COASTERS HAVE IN COMMON? THEY ALL BRING ME JOY! WALKS WITH BEAR IN LANGLEY AND EVENINGS COOKING WITH AND DREAMING OF WEEKEND PLANS WITH MY HUSBAND JAMES MAKE ME HAPPIEST. PRAYING YOU EXPERIENCE GOD'S LOVE AND JOY IN SCHOOL THIS YEAR!



ANGELA MCQUEEN

K-3 TEACHER

HELLO! I HAVE BEEN AT WCAS SINCE 2017. I LIVE ON VANCOUVER ISLAND WITH MY HUSBAND, 3 KIDDOS, AND OUR DOG IVY. I LOVE CHOCOLATE CHIP COOKIES, OUTDOOR ADVENTURES WITH MY FAMILY, A GOOD BOOK, AND BEING CREATIVE. I'M SO LOOKING FORWARD TO LEARNING WITH YOU THIS YEAR!



SARA DE ZWAAN

6-8 TEACHER

HI! I'M EXCITED TO KICK OFF A GREAT SCHOOL YEAR WITH EVERYONE. I LIVE IN THE OKANAGAN WITH MY HUSBAND, KIDS JUDE (6) AND REMI (18 MONTHS), AND OUR CATS, LUNA AND NUTMEG. I LOVE CREATIVITY, MAC AND CHEESE, AND ALL THINGS YELLOW!



ANNA CHAPARRO

5-8 LANGUAGES, HS ELECTIVES & CAREERS

HI STUDENTS & PARENTS, I LIVE ON THE SUNSHINE COAST OF BC WITH MY HUSBAND, MIGUEL AND 3 CATS, SHAZZY, CHIA & GINGER. I LOVE LEARNING ABOUT GARDENING AND NATURAL REMEDIES. I'M EXCITED FOR A NEW SCHOOL YEAR!



STEVEN BROCK

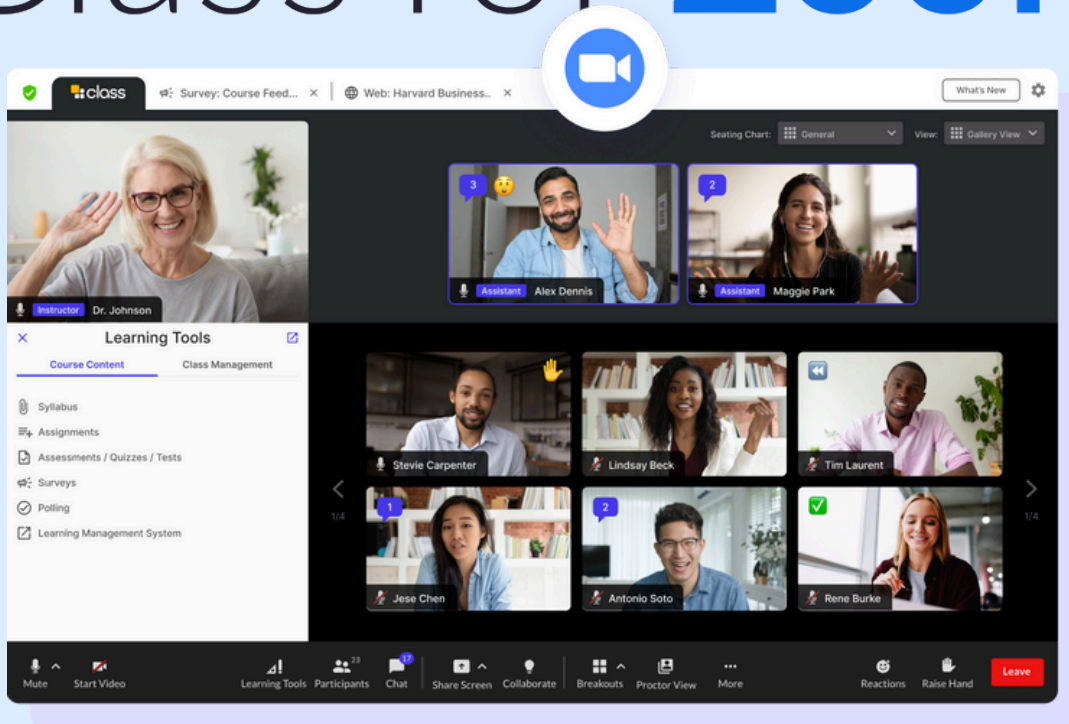
HIGH SCHOOL STEM

I LIVE IN ABBOTSFORD, BC, WHERE MY PARENTS ALSO LIVE, THOUGH I HAVE MY OWN PLACE. MY SIBLINGS ARE FARTHER AWAY. WHEN I'M NOT IN SCHOOL, I USUALLY SPEND TIME PLAYING COMPUTER GAMES. MY FAVORITE FOOD IS HAYSTACKS. I HOPE EVERYONE HAS A GOOD YEAR AHEAD!



Get ready to love your online classes like never before!

Class for Zoom



Our new software, specially designed for K-12 students, takes online classes to a whole new level of fun and engagement!

Access your new Zoom classrooms by clicking on the live class links in Brightspace!

**NATIONAL DAY FOR
TRUTH AND
RECONCILIATION**

Monday, September 30, 2024

**EVERY
CHILD
MATTERS**



HAPPY Birthday

JULY 2 - JOSH LOPEZ
JULY 3 - COLTER FINCH
JULY 8 - MICHAEL TARDIF
JULY 8 - CEDAR QUEZADA
JULY 19 - FAITH WATSON
JULY 21 - LAIBA IJAZ
JULY 23 - JULIENNA BUXBAUM
JULY 23 - ALI MOHSIN
JULY 29 - CYPRESS QUEZADA
JULY 30 - TYSON ADAIR
AUG 19 - KHARYSSA POYSER
AUG 21 - MYLA KWAN
AUG 25 - JAYMIE MCQUEEN
AUG 25 - EMILY MONTENEGRO
AUG 25 - DAVID HOEKSTRA
AUG 27 - MARIA PIRES ARAUJO
SEPT 12 - MADALENA PIRES ARAUJO
SEPT 12 - TYSIANA RANGER
SEPT 13 - JONATHAN DJAKOV
SEPT 14 - DARIUS LEACH
SEPT 16 - JAHLEEL JOHNSON-HALL
SEPT 16 - HANNAH WATSON
SEPT 19 - LOGAN CORCORAN
SEPT 22 - NOLAN KAPINIAK
SEPT 23 - MADISON KNAPP
SEPT 26 - LUCAS BUXBAUM
SEPT 29 - SOPHIE MONTENEGRO



MONTHS WORD SEARCH



Can you find the months hidden in the puzzle?
Answers provided on the last page of this newsletter.

P	N	O	V	E	M	B	E	R	E	R	S
C	A	E	G	N	I	A	H	O	S	T	E
D	Q	J	A	N	U	A	R	Y	S	N	P
E	A	U	N	A	E	D	O	C	U	I	T
C	G	N	A	T	P	T	U	E	H	C	E
E	S	E	U	E	U	R	L	E	T	K	M
M	T	R	G	C	N	R	I	E	I	R	B
B	A	O	U	B	R	G	K	L	C	T	E
E	C	Y	S	B	O	C	T	O	B	E	R
R	A	V	T	J	T	A	O	E	Y	L	S
E	F	C	U	N	F	L	T	J	U	L	Y
T	F	E	B	R	U	A	R	Y	A	S	Y

MAY

MARCH

DECEMBER

JANUARY

JUNE

APRIL

SEPTEMBER

FEBRUARY

JULY

AUGUST

NOVEMBER

OCTOBER

*tips + resources
for parents teaching
their kids from home*

NEW TO HOMESCHOOL



COORDINATE WITH TEACHERS

Follow the learning plans, but have a chat with the teacher to learn what is expected of them and of you. Build a workflow that works for your child and your family.



SET A SCHEDULE...

You may be following a lesson plan, but it's up to you and your child to set how you'll work with it. If you do have the flexibility, set up times for study and breaks at times that work with your child and family.



...BUT BE FLEXIBLE

Changes do happen. Even if you have lesson plans and study schedules, home school is a new scenario for many. Don't be too hard on yourself. Allow time to adjust.



LEAN IN TO YOUR CHILD'S NATURAL INTERESTS

If your child is really engaged and self-driven on certain topics, schedule these topics during times where you can take a mental break or focus on other work.



CONNECT WITH PARENTS

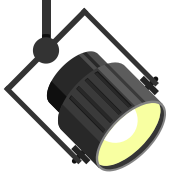
Joining Facebook groups and connecting with other homeschooling parents can be helpful. You can chat with parents going through home school the first time, share stories, get tips.



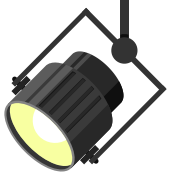
FIND SOME ONLINE RESOURCES FOR...

- Games and Activities
- Local exhibits to visit
- Focus timers





STUDENT



Spotlight



**We love seeing
the smiling faces
of our West
Coast Family!**

Remember to take photos
of you and your work as
you progress through the
school year to be featured
in our Student Spotlight
section here in the
Quest newsletter!

Send photos to
smorrison@wcasdl.ca



MONTHS **WORD SEARCH KEYS**



Can you find the months hidden in the puzzle?
Once you find them, say or write them in order.

P	N	O	V	E	M	B	E	R	E	R	S
C	A	E	G	N	I	A	H	O	S	T	E
D	Q	J	A	N	U	A	R	Y	S	N	P
E	A	U	N	A	E	D	O	C	U	I	T
C	G	N	A	T	P	T	U	E	H	C	E
E	S	E	U	E	U	R	L	E	T	K	M
M	T	R	G	C	N	R	I	E	I	R	B
B	A	O	U	B	R	G	K	L	C	T	E
E	C	Y	S	B	O	C	T	O	B	E	R
R	A	V	T	J	T	A	O	E	Y	L	S
E	F	C	U	N	F	L	T	J	U	L	Y
T	F	E	B	R	U	A	R	Y	A	S	Y

MAY

MARCH

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JANUARY

JUNE

APRIL

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JULY

AUGUST

NOVEMBER

OCTOBER