

### **UPCOMING DATES**

#### February 6

HS Movie Night 6:30 pm - see email for link

#### February 11

HS Games Night 4 pm - see email for link

#### February 8-11

Elementary Parent/Teacher Conferences

#### February 15

No School: Family Day Holiday

#### February 26



#### PRINCIPAL'S MESSAGE

Happy February, West Coast Family! Every evening, my husband and I go for a walk around our neighbourhood for some exercise. For some reason, when we moved here, we started out going in the same direction and have never left the beaten track since. As we head out the door, we always turn to the right and do an identical loop around our neighbourhood, passing the same houses and looking at the same views. I'm not sure why, but one day last week, the idea suddenly struck us as we departed to turn left instead of right. As we walked the track we had walked a hundred times (in reverse), we kept on commenting on various elements of houses and yards as we passed, "Oh look at that! Is that new? I've never seen that before!" The truth is absolutely nothing had changed about the neighbourhood—What had changed was our perspective. Facing things from a different vantage point allowed us to see elements (a bench, the curve of a roof, the view of the city) in a whole different way.

I'm sure you have had experienced this phenomenon before—something had seemed mundane or ordinary (maybe even a bit boring!) suddenly took on a new shape and size as you learned to look at it differently. Maybe you learned something new about a friend or family member that helped you understand them better. Maybe what at first seemed like an

uninteresting assignment became fascinating once some new piece of information sparked your interest. This month, I want to encourage you to lean into this in your academic life—As you wake up and get into the groove of the school day, don't forget to intentionally look at things in a different way every once in awhile. It can take the whole experience from mundane to amazing! - Mrs. Kartik

"That is what learning is. You suddenly understand something you've understood all your life, but in a new way."

—Doris Lessing





## SHOUT OUT





Jordan, Grade 2, Phases of the Moon

First Quarter Waxing Waxing Gibbous New Waning Gibbous

Jade, Kindergarten, Phases of the Moon



Mina, Kindergarten, did a winter service project of sharing winter necessities with people in need. Way to shine a light, Mina! We are proud

of you!





west QUEST

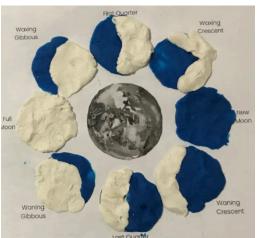


# SHOUT OUT

### WESTA, SECOAST









Amy, Grade 1, Recycled Art Project

Cedar, Kindergarten, Phases of the Moon

<sup>☆</sup>You are <del>^</del>amazing