

west  
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Volume 1, Issue 10

JUNE 2020



## UPCOMING DATES

**June 3**

End of Year Celebration Assembly  
@ 8:40am

<https://zoom.us/j/130688916>

**June 12**

All Assignments Due: Elementary

**June 18**

All Assignments Due: High School

**June 26**

Final Day of School,  
K-12 Report cards issued

**June 26**

WCAS Grad Online @ 4pm




## PRINCIPAL'S MESSAGE

Dear WCAS Families and Students,

Can you believe it is already June? The school year is almost over, and I am so proud of each of our WCAS students for all they have accomplished this school year! It's time to celebrate all we have accomplished! We are going to meet for our year-end assembly on June 3 to send our elementary students off into summer, and then at the end of June, we will be celebrating Grad 2020 with our four graduating seniors. As I reflect on this year, I am so grateful to God for the guidance and care He has, once again, showered on our school community. It hasn't been an easy year for many of our families, but I am grateful that He's brought us through it together.

As we celebrate the end of the 19/20 school year and summer vacation, I would like to leave these words with you, our theme verse for this year:

For we are **God's masterpiece**. He has created us anew in Christ Jesus, so we can do the good things he planned for us long ago. Ephesians 2:10

It is my prayer that as you have learned and grown this year, you have been able to get to know more about yourself in the process. I hope you are learning more each day to see yourself the way that God sees you—you are His treasure! Now, let's get ready to celebrate!  —Mrs. Kartik

# SHOUT OUT

West Coast Adventist School

Let's celebrate some amazing examples of WCAS student learning!

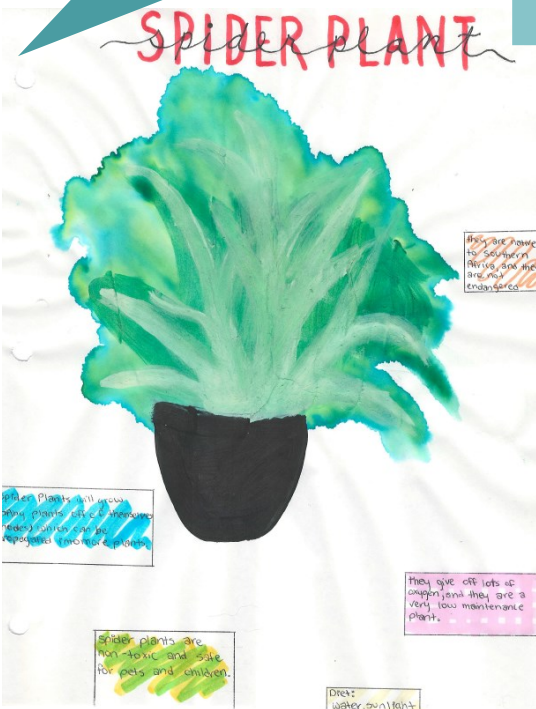


Amito, Grade 2, did a wonderful job on his Australian Aboriginal dot art project! Beautiful details and gorgeous colours!



Madyson, Grade 8, did a fantastic job on her diagram of a spider plant. She wrote in real awesome details, and did a lovely job on the painting of the plant as well. Good job!

Khensani, Grade 5, made an information poster about the dangers of smoking. Check it out!



### Dangers of Smoking

You need to stop smoking because this can happen to you

1. Nicotine addiction
2. Exposure to toxic chemicals
3. Cancer
4. Tooth loss
5. Heart disease

### Exercise

If you exercise you will

- get stronger muscles and bones,
- have healthy weight,
- decreased your risk of developing type two diabetes,
- get better sleep and,
- have a better outlook on life.

### Healthy Eating

It is good to eat healthy foods because it can make you

1. Weight loss.
2. Reduced cancer risk.
3. Diabetes management.
4. Heart health and stroke prevention.
5. The health of the next generation.
6. Strong bones and teeth.
7. Better mood.
8. Improved memory.

**REMEMBER**

"Nourishing yourself in a way that helps you blossom in the direction you want to go is attainable, and you are worth the effort."

- Deborah Day

# SHOUT OUT

West Coast Adventist School

Let's celebrate some amazing examples of WCAS student learning!



Benjamin, Grade 2, pioneer cabin project. Bravo!



Amy, Kindergarten, learning about geography by making her own planet!



John-Anthony, Grade 3, Inuit soap art, Carving of a turtle basking on a rock.

## CONGRATULATIONS

# 2020 Graduates!

Jordan Klein, Christian Orn,  
Noah Potter, & Daniel Warner

