

west coast QUEST

Volume 1, Issue 2

OCTOBER 2019

UPCOMING DATES

September 30

Deadline for registering Gr 10-12 students for Rosario Trip—

Contact the office for details.

October 8

High School T1 Progress Reports

October 9

High School (9-12) Parent/Teacher/Student Conferences

October 14

Thanksgiving Holiday

No School

PRINCIPAL'S MESSAGE

Happy Fall, WCAS Students & Families! I am sure that this last month was a significant journey for all of you. I am proud of you for making it this far, and I look forward to hearing about your joys and accomplishments as the year progresses. I want to share with you some special words from Jesus (John 13:34-35) for this month:

“A new commandment I give you: Love one another. By this will everyone know that you are my disciples.”

Isn't it wonderful that God gave us each other? As you move through this month, I invite you to join me in finding new ways to love those around you—your friends, family members (even siblings!), and neighbours. Maybe it means folding some laundry, writing a kind note, or even just being there for someone who is sad. Maybe it means apologizing when you have done something hurtful. Whatever it is, these moments are opportunities to show the world how much we love Jesus!

With LOVE from Mrs. Kartik



WCAS

Reminders

- ⇒ **FSA TESTS Grade 4 & 7 Parents/Learning Supervisors**, please check your emails for information regarding proctoring the Foundations Skills Assessments for these grades. Contact the office immediately if you have any questions
- ⇒ **PARENT/TEACHER CONFERENCES High School Parents**, October 9 is our first HS parent/teacher conference day. Please contact Mrs. Morrison at smorrison@wcasdl.ca to make an appointment.
- ⇒ **HIGH SCHOOL ROSARIO TRIP Grades 10-12 Parents**, September 30 is the last day to get your child registered for the Rosario Trip happening in the Spring. Check your email for more info.

TALE OF A TEST GONE WRONG

by Jacob Paddock, WCAS Grade 11

It was the end of February, 2019. It was my first year in West Coast, and my first test for Social Studies was scheduled for the next morning. I have always considered myself someone who relishes history. So, I wasn't very worried about this test. Sure, I studied, I even made notes (something I had never done). No worries! I figured I had this. Somewhere within the depths of my stomach, or wherever those uncomfortable feelings come from, I didn't feel right.

I passed my feelings off as just a bit of nerves because this was my first Social Studies test. I should have paid heed to those feelings and followed my instincts to ask what kind of questions the test would have. Then again, I had myself fooled. My thoughts were along the line of, *Why ask an obvious question? I've done tests before and I know about Government and that kind of thing. Besides, dad is firing up the 100th Foosball game of the evening, and I wouldn't miss that for more needless reading!* Thus, I followed my inclinations and forgot about the test for the rest of the evening.

Imagine my surprise when I logged onto Canvas, opened the test, and discovered that 30% of the questions I knew from my "studying" but the other 70% of the content was unfamiliar to me.

It wasn't long before that feeling in my stomach turned into full blown panic. As you can imagine, when I got the results for the test, 73% was no surprise to me. Nevertheless, I had figured out some important things from that first experience with test taking. First and foremost, **talk to the teachers**. They are there to help you. Even things that seem pretty trivial, such as what kind of questions are going to be on a test, are perfectly fine to ask. Second, **make sure you study well before a test**. Try to focus on the key Big Ideas, and really pay attention to what you don't like about the content, and have a harder time with, because once that is all figured out the test will be a metaphorical breeze. Finally, when it comes to such touchy subjects such as tests, **don't be afraid to follow your gut feelings**: They tend to indicate how things are actually going, not just how you wish they were going.

A QUEST FOR FUN

Why not try a **Fall Nature Scavenger Hunt**?

Here are some things to look for:

- | | | |
|--------------------------------------|---|-------------------------------------|
| <input type="checkbox"/> Pumpkin | <input type="checkbox"/> Pine Cone | <input type="checkbox"/> Bird |
| <input type="checkbox"/> Scarecrow | <input type="checkbox"/> Spider | <input type="checkbox"/> Bug |
| <input type="checkbox"/> Red Leaf | <input type="checkbox"/> Hay | <input type="checkbox"/> Spider Web |
| <input type="checkbox"/> Orange Leaf | <input type="checkbox"/> Corn Stalks | <input type="checkbox"/> Bird Nest |
| <input type="checkbox"/> Yellow Leaf | <input type="checkbox"/> Rake | <input type="checkbox"/> Apple |
| <input type="checkbox"/> Brown Leaf | <input type="checkbox"/> Pile of Leaves | <input type="checkbox"/> Corn |
| <input type="checkbox"/> Green Leaf | <input type="checkbox"/> Sunflower | |
| <input type="checkbox"/> Acorn | <input type="checkbox"/> Bee | |

